

Student full-paying-\$.1.85
 Student Prepay per week-\$9.25
 Student Prepay thru March 2—\$35.15
 Student reduced-\$.40
 Student Prepay per week-\$2.00
 Student Prepay thru March 2-\$7.60

FEBRUARY 2012 HIGH SCHOOL LUNCH MENU

Please find the information on Teen
 Fitness on the Rockingham County
 website at:
[http://bfc.rockingham.k12.va.us/
 Teen Fitness](http://bfc.rockingham.k12.va.us/TeenFitness)

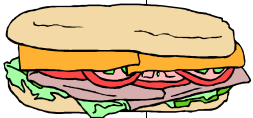


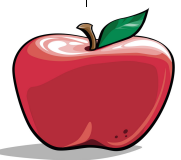
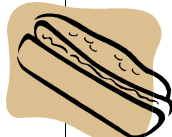
Monday

Tuesday

Wednesday

Thursday

Friday

<p>6 Oven Roasted Chicken OR <u>Beef Bites</u> Macaroni & Cheese Spinach Hot Roll Peaches Milk</p>	<p>7 Hoagie OR <u>Chicken Caesar Wrap</u> Baked Sweet Potato Lettuce & Tomato Dried Mixed Fruit Milk</p> 	<p>8 Soft Shell Taco w/Lettuce/Cheese <u>OR Cheese Quesadilla</u> Corn Applesauce Cinnamon Bread Milk</p>	<p>9 Chicken Fillet on Bun OR <u>Steak & Cheese Sub</u> Potato Wedges Lettuce & Tomato Fresh Orange Half Milk</p>	<p>10 NO SCHOOL</p> <div style="border: 1px solid black; padding: 5px;"> <p>New This Year Café PrePay</p> <p>Check your child's meal account balance on line or use a credit card to pay your child's meal account on line. Please visit www.CafePrePay.com to sign up or call the Food and Nutrition Services Office 540-434-7783</p> </div>
<p>13 Hot Dog on Bun OR <u>Chicken Fajita</u> Baked Beans Mixed Fruit Cookie Milk</p>	<p>14 Cheeseburger on Bun OR <u>Hot Turkey & Mozz on Bun</u> Rocktown Fries Peaches Milk</p> 	<p>15 Hot Ham/Cheese on Bun <u>OR BBQ Chicken Sandwich</u> Rotini Parmesan Green Beans Baked Apples Milk</p>	<p>16 Spaghetti w/Meat Sauce OR <u>Chicken Salad Sandwich</u> Fresh Veggies w/Dip Cheesy Bread Stick Fresh Banana Milk</p>	<p>17 Brd Mozz Sticks w/Sauce OR <u>Bean & Cheese Burrito</u> Chicken Tortilla Soup w/ Scoops Garden Salad Strawberries Milk</p> 
<p>20 Ravioli OR <u>Chicken Primavera</u> Green Beans Hot Roll Mixed Fruit Milk</p>	<p>21 Spicy Chicken Fillet on Bun <u>OR Fish Sandwich</u> Tossed Salad Pears Milk</p>	<p>22 Cheese Quesadilla OR <u>Turkey, Bacon & Cheese Wrap</u> Rice Pilaf Sugar Baby Carrots Cinnamon Bread Fresh Fruit Milk</p>	<p>23 Soft Shell Taco w/Lettuce & Cheese OR <u>Corn Dog</u> Seasoned Tater Pieces Veggie Tex Mix Baked Apples Milk</p>	<p>24 Turkey & Gravy OR <u>Salisbury Steak</u> Mashed Potatoes California Mixed Veggies Hot Roll Milk</p> 
<p>27 Chicken Fillet on Bun OR <u>Rib-B-Que on Bun</u> Potato Wedges Lima Beans Peaches Milk</p>	<p>28 Chicken Fajita OR <u>Hot Dog on Bun</u> Sweet Tots Green Beans Fresh Apple WW Sugar Cookie Milk</p>	<p>29 Bacon Cheeseburger on Bun <u>OR Italian Turkey Wrap</u> Seasoned Tater Half Fresh Veggies w/Dip Strawberries Milk</p> 	<p>March 1 Popcorn Chicken OR <u>Egg Roll</u> Rice Pilaf Stir Fry Veggies Hot Roll Fresh Orange Milk</p>	<p>2 Oven Roasted Chicken OR <u>Beef Bites</u> Mashed Potatoes Corn Hot Roll Dried Mixed Fruit Milk</p>

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 MENUS SUBJECT TO CHANGE